



Williamston Area Senior Center

Come as guests, stay as friends!



July-August 2024 Newsletter

ABOUT THE WILLIAMSTON AREA SENIOR CENTER

Lunch Program

The WASC is open Monday-Thursday from 9am-3pm for activities and lunch provided by the Tri-County Office on Aging or local area restaurants with a suggested donation of \$4 per meal. Please call a day in advance to make reservations for lunch at 517-655-5173. For additional information please check out the WASC newsletter or website. If you are homebound and need meals delivered to you please call Meals on Wheels at 888-224-3030 option 4.

Where to find the WASC

If you are looking for current and future activities continue reading the newsletter or check out the WASC Facebook page and website. If you have any questions please call or email for more information.

Website: www.williamstonseniorcenter.org

Facebook: Williamston Area Senior Center

Phone: 517-655-5173

Email: williamstonseniorctr@gmail.com

Hours of Operation

Monday - Thursday, 9am - 3pm

WASC Location

The WASC meets on the upper level, 3rd floor of The Commons, 201 School Street in Williamston, Michigan 48895. Handicap access and elevators are available.



WASC Mission

The WASC shall be a “go-to” resource where aging adults and their families find support, guidance, educational, and social programs assisting seniors 60 years of age and older for navigating life transitions, and continuing to be active, healthy, and engaged in the community.

Our mission is reflected in our motto:

Come as guests, stay as friends!

WASC Purpose

The WASC shall provide educational, enrichment, health awareness, and social programs; shall serve as a resource for individuals needing assistance with medical and social service networks; and shall collaborate with other community agencies, local government, and trained professionals to meet the needs of the senior population.



SAVE THE DATES!

Summer Picnics in the Park

- ◆ July 9, 2024:
Picnic @ Wheatfield Township Pavilion
985 E. Holt Rd.
- ◆ August 13, 2024:
Picnic @ Leroy Township, Simmons
Memorial Park 2963 S. Webberville Rd.
- ◆ September 10, 2024:
Picnic @ Williamstown Township Pavilion
4990 Zimmer Rd.

The Director's Corner



Hopefully you've all heard, we closed on purchasing the Merindorf building as our new Senior Center, and yes, I have the keys! There's still a lot of work to do in this next chapter. We have some of the equipment that needs to be disconnected, sold, removed, windows put back in, the kitchen fitted with commercial stove, refrigerator, ice maker, kitchen cabinets... I mean, how much time to do you have, I could go on for a couple of hours. We are so excited to have a Center that the whole community can be proud of. One of the Board members touched my heart when she shared, "this means the world to me, that I am part of creating this next chapter".

Julie Rudd
Executive Director
wascdirector01@gmail.com

From the President

Our Senior Center has so much to celebrate! We have a new home! Thanks to Julie and so many others for their determination and vision! But we also need to focus on those who keep our policies updated and support our Center's mission: our Board. We have elected two new members to replace Drew Danowski, who left mid-term for family reasons, and Karen Bollman who has served us well for six years. We'd like to thank them both for all of their contributions.

We'd like to extend a warm welcome to Jolene Gustafson and Sharon LaPointe. They are both active in the Williamston community and will give our Board some new insights as we move forward into our new home!

We are also looking forward to adding representatives from all the municipalities we serve and who support us, including the City, Locke, Leroy and Wheatfield Townships. They will now be voting members of our Board. Mark Steinberg, the representative from Williamstown Township, has already been an elected member of our Board for several years. With this expanded Board, we plan on moving the Senior Center into new areas of service to more seniors in our geographic area.

Ann Lemmen
WASC Board President



WASC STAFF, BOARD, & THANK YOU

Staff

Executive Director: Julie Rudd
Activities/Events Coordinator: Anne McKinney
Kitchen Coordinator: Tom Rodziewicz
Administrative Assistant: Dawn Harris

Thank you

THANK YOU-FOR YOUR SUPPORT

May 2024

Susie Cockerill
Dianna Frank
Mickie Manley
Earl Wolf
Marguerite Martin
Dawn & Ron Harris
Mary Rubus
Ann Howell
Bill & Theresa Wiles
Beverly Zetterholm
Jan Bowman
Susan Bisard
Sharon Basil
Lea Estes
Steve Wing
Carolyn Schuster
Bonnie Krauss
Beth Zetterholm
Ida Mae Goodell

April 2024

Bob & Joan Bement
Anne McKinney
Dianna Frank
Cloyce Odell
Red Cedar Lodge
Ann's Cookie Jar
Burcham Hills
Brookdale
Timber Ridge Vista Springs
Norma Andrews
Cynthia French
Pat Jennings
Steve Wing
Violet Lentz
Connie Foster
Darlene Westrate
And as always, many thanks to our wonderful volunteers!

Board of Directors

President: Ann Lemmen (2026)
Vice President: Karleen Dimick (2025)
Secretary: Marilyn Thompson (2026)
Treasurer: Ray Lemmen (ex-officio)

Trustees

Mark Steinberg (2025)
Beth Zetterholm (2025)
Sharon Basil (2026)
Jolene Gustafson (2027)
Sharon LaPointe (2027)

Community Representatives:

John Allen, Wheatfield Township
Tammy Gilroy, City of Williamston
Wilma Whitehead, Leroy Township



Welcome!

Hi! I'm Tom Rodziewicz, a Williamstown Township resident who is the new kitchen manager for the WASC. It's an exciting time to step into this role and I hope that I can do it justice.

My goal is simple: serve quality food that is worth eating. I've already been in extensive contact with the Tri-County Office on Aging (TCOA) about the meals that they provide, and changes are underway. Jamie Bennett is helping us to add a few new items to the menu, and to prevent our veggies from arriving overcooked. Big thanks to her and everybody at TCOA for this help. We are bringing back flavor and will be making many future improvements, so come on in and check out our food!!

WISH LIST, DONATIONS, & BIRTHDAYS



- Maxwell House Original Roast Coffee (Regular and Decaf)
- Folgers Classic Roast Coffee (Regular & Decaf)
- Coffee Mate Flavored Liquid Creamer
- Salad Dressings: Ranch, Italian, French, & Balsamic Vinaigrette, Blue Cheese
- Chinet Dinner Plates
- Bic Wite-Out EZcorrect
- White Card Stock Paper
- Copy Paper
- Small & Large Foam to-go Containers
- Dinner Napkins 15" x 17"
- Paper Towels
- Stamps
- Bingo Prizes: Non-Perishable Food Items and Individual Snacks
- Gift Cards: Walmart, Meijer, Costco, Local Area Restaurants and Businesses

Thanks to the following individuals for their donations to the WASC.

April 2024

- Barbara Upleger donation to Building Fund
- Jolene Gustafson donation to Building Fund

May 2024

- Violet Lentz in Memory of Bill Turner
- Ron & Dawn Harris in Memory of Janet Card
- Ron & Dawn Harris donation to Building Fund
- Anne McKinney in Memory of Janet Card
- Marilyn Thompson in Memory of Janet Card
- Beverly Zetterholm in Memory of Janet Card
- Russ & Susan Cockerill in Memory of Janet Card
- Julie Rudd in Memory of Janet Card



July

Robert Bement
Drew Danowski
Karleen Dimick
Sue Ebright
Shirley Ennis
Dianna Frank
Patricia Headley
Kathy Lemke
Marguerite Martin
Tina Maurer
Ruth Millhisler
Randy Schafer
Rev. Jeff Williams

August

Susan Cockerill
Ann Daniel
Warren Dimick
Constance Foster
Cindy Hale
Susan Hopp
Pat Jennings
Louise Omar
Margie Stephenson
Beverly Zetterholm



Thank you Barb Upleger for the years of volunteering, decorating for every occasion and your never-ending support! We miss you! And we'll be over to see you soon in your new place!

JULY 2024 ACTIVITIES

- **Monday, July 1st** - Cards 9am - 11:45am, Biking Club 9:30am, Blood Pressure Screening at 10am, Dave Trojan presents 'Japanese Fire Balloon Bombs in Michigan' at 12:30pm
- **Tuesday, July 2nd** - Cards 9am - 11:45am, Family Feud game at 12:30pm
- **Wednesday, July 3rd** - Cards 9am - 11:45am, BIRTHDAY BASH, Wear red, white and blue to celebrate July 4th, Chair Volleyball at 12:30pm, Needle Work Group 1-3pm
- **Thursday, July 4th** - CLOSED - Happy 4th of July!
- **Monday, July 8th** - Cards 9am - 11:45am, Biking Club at 9:30am, Ice Cream Sundae Day, Lunch with American House at noon, Quarter Bingo at 12:30pm
- **Tuesday, July 9th** - Cards 9am - 11:45am, Summer Picnic at Wheatfield Township Pavilion at noon, Father Clark performs at 12:30pm, WASC Board Meeting to follow at WASC
- **Wednesday, July 10th** - Cards 9am - 11:45am, Chair Exercise at 11am, Senior Folk Music performs at 12:30pm (sponsored by the Williamston CADL), Needle Work Group 1-3pm
- **Thursday, July 11th** - Cards 9am - 11:45am, Walking Club at 10:30am, Drum Circle at 12:30pm
- **Monday, July 15th** - Cards 9am - 11:45am, Biking Club at 9:30am, Chair Massage at 10am, Summer Somethings with Karen at 12:30pm
- **Tuesday, July 16th** - Cards 9am - 11:45am, National Hotdog Day, Picnic at noon at Volunteer Park outside the WASC, Games & Cards at 12:30pm
- **Wednesday, July 17th** - Cards 9am - 11:45am, Yoga for All at 12:30pm, Senior Benefit Fund meeting at 1pm, Needle Work Group 1-3pm
- **Thursday, July 18th** - Cards 9am - 11:45am, Walking Club at 10:30am, Garden Wands Craft with Nikki 12:30pm
- **Monday, July 22nd** - Cards 9am - 11:45am, Biking Club at 9:30am, Melissa from Oasis Advisors available from 10:30am - 11:30am, Katherine from DPT presents 'Preventing Neck Pain' at 12:30pm
- **Tuesday, July 23rd** - Cards 9am - 11:45am, Mind Benders at 12:30pm
- **Wednesday, July 24th** - Cards 9am - 11:45am, Chair Exercise at 11am, International Self-Care Day, Self-Care Activities at 12:30pm, Needle Work Group 1-3pm
- **Thursday, July 25th** - Cards 9am - 11:45am, Walking Club at 10:30am, Making Bracelets with Sharon at 12:30pm
- **Monday, July 29th** - Cards 9am - 11:45am, Biking Club at 9:30am, Lunch with Kristin & Chad from Brookdale with Wheel of Fortune at 12:30pm
- **Tuesday, July 30th** - Cards 9am - 11:45am, Little Leap Learning Field Trip 10 - 11:30am, Cards & Games at 12:30pm
- **Wednesday, July 31st** - Cards 9am - 11:45am, Chair Exercise at 11am, Olympics Games & Celebration at 12:30pm, Needle Work Group 1-3pm

**Unfortunately, there may be times the activities are subject to change*

AUGUST 2024 ACTIVITIES

- **Thursday, August 1st** - Cards 9am - 11:45am, Walking Club at 10:30am, BIRTHDAY BASH, New WASC Book Club preview & planning meeting at 12:30pm
- **Monday, August 5th** - Cards 9am - 11:45am, Biking Club at 9:30am, Melissa and Oasis Advisors promote Alzheimer's Walk at 11:45am (\$1 flowers), Lunch and presentation by Elizabeth from Gorsline Runciman at 12:30pm
- **Tuesday, August 6th** - Cards 9am - 11:45am, ROOT BEER FLOAT DAY, Craft with Nikki at 12:30pm
- **Wednesday, August 7th** - Cards 9am - 11:45am, Chair Exercise at 11am, Chair Volleyball at 12:30pm
- **Thursday, August 8th** - Cards 9am - 11:45am, Walking Club at 10:30am, Drum Circle at 12:30pm
- **Monday, August 12th** - Cards 9am - 11:45am, Biking Club at 9:30am, NATIONAL BOWLING DAY, Wii Bowling at 12:30pm
- **Tuesday, August 13th** - Cards 9am - 11:45am, Lunch with a WASC Board Member, Summer Picnic at Leroy Simmons Park at noon, Human Bingo at 12:30pm
- **Wednesday, August 14th** - Cards 9am - 11:45am, Chair Exercise at 11am, The Ukettes perform at 12:30pm
- **Thursday, August 15th** - Cards 9am - 11:45am, Walking Club at 10:30am, NATIONAL ROLLER COASTER DAY, Roller Coaster reminiscing and video fun at 12:30pm
- **Monday, August 19th** - Cards 9am - 11:45am, Biking Club at 9:30am, Chair Massage at 10am, Author Melissa Lewis presents at 12:30pm
- **Tuesday, August 20th** - Cards 9am - 11:45am, Field Trip to Little Leap Learning 10:00 - 11:30am, Cards & Games at 12:30pm
- **Wednesday, August 21st** - Cards 9am - 11:45am, NATIONAL SENIOR CITIZEN DAY, Yoga for All with Amy at 12:30pm
- **Thursday, August 22nd** - Cards 9am - 11:45am, Walking Club at 10:30am, Sandra Schoenborn presents her 'Africa Trip and Experiences' at 12:30pm
- **Monday, August 26th** - Cards 9am - 11:45am, Biking Club at 9:30am, Melissa from Oasis Advisors available from 10:30am - 11:30am, Stroke Awareness and Prevention with our own Dr. Karen Bollman at 12:30pm
- **Tuesday, August 27th** - Cards 9am - 11:45am, Mind Benders with Jackie at 12:30pm
- **Wednesday, August 28th** - Cards 9am - 11:45am, Chair Exercise at 11am, Quarter Bingo at 12:30pm
- **Thursday, August 29th** - Cards 9am - 11:45am, Walking Club at 10:30am, NATIONAL BANANA PUDDING DAY, Pictionary at 12:30pm

**Unfortunately, there may be times the activities are subject to change*

Williamston Area Senior Center **July 2024 Lunch Menu** **Please Call #517-655-5173 to make reservations**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Salad bar, Roll, Dessert \$4 per person	2 Chicken & Dumplings, Lima Beans, Roll, Applesauce, Skim Milk	3 Chili Dogs, Baked Beans, Coleslaw, Orange, Milk, Strawberry-Rhubarb Crisp	4 Closed for the 4 th of July	5	6
7	8 Lunch Sponsored by American House and Ice Cream Sundaes <i>Donations Accepted</i>	9 Picnic @ Wheatfield Twp, Burgers, Chips, Pasta Salad, Dessert, <i>Donations</i>	10 Shepard's Pie, Green Beans, Cauliflower, Sliced Bread, Orange, Skim Milk	11 Chicken Stir Fry, Baby Corn, Fried Rice, Pears, Skim Milk	12	13
14	15 Walking Tacos & Dessert \$4 per person	16 Hot Dogs, Chips, Fruit Salad \$4 per person	17 Sloppy Joe on Bun, Carrots, Potato Salad, Pineapple, Peach Cobbler, Skim Milk	18 Pork Roast, Broccoli, Wild Rice, Spinach Salad, Apple, Skim Milk	19	20
21	22 Chicken Salad Croissants, Chips, Dessert \$4 per person	23 Chicken Breast, Broccoli, Couscous, Tossed Salad, Fresh Melon, Skim Milk	24 Macaroni & Cheese, Stewed Tomatoes, Cauliflower, Bread, Pineapple, Skim Milk	25 Hamburger, Macaroni Salad, Baked Beans, Salad, Banana, Cherry Crisp, Milk	26	27
28	29 Lunch Sponsored by Brookdale <i>Donations Accepted</i>	30 Salmon Patty, Peas, Mashed Potatoes, Roll, Fresh Orange, Banana Pudding, Skim Milk	31 Ham/Potato Casserole, Brussel Sprouts, Tossed Salad, Muffin, Banana, Skim Milk			



Volunteer of the Year!

Williamston celebrated some very special people at the Citizen of the Year Dinner! And, the Williamston Area Senior Center recognized our ***“Volunteer of the Year, Dawn Harris,*** at this event! We cannot say enough about the wonderful commitment and passion that Dawn has for our members and our purpose. She is generous with her time, energy, resourcefulness, and kindness. Dawn also does a wonderful job with our Monday lunches and manages the concession stand with her husband, Ron, at the Concerts in the Park. You are amazing, Dawn! We appreciate everything you do!

A Note from Tri-County Office on Aging Ingham County Elder Persons Millage

The Elder Persons Millage will be on the August ballot. The purpose of the millage is to help older adults 60+ live with independence and dignity in their own homes as long as possible.

In 2020, it was overwhelmingly approved 76% by the voters. Over 12,000 elders throughout the Ingham County have received services from this millage. But, many more are waiting for assistance.

If approved and levied in full, this Millage will raise an estimated \$2.9 million in the first calendar year of the levy, based on state taxable valuation.

For more information, visit the “Vote Yes For Seniors in Ingham County” page on Facebook.



A friendly reminder that the Williamston Area Senior Center is a cooling center during those hot and humid months!

We welcome you between 9am and 3pm

Monday through Thursday at

201 School St. in the Commons Building.



WILLIAMSTON AREA
SENIOR CENTER

Williamston Area Senior Center
201 School Street, PO Box 343
Williamston, MI 48895

NON-PROFIT
U.S. POSTAGE
PAID
Permit #3

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WASC Information

Phone: 517-655-5173



*Check out our Facebook page!
And don't hesitate to call the
center with questions about activities-
events or to make reservations for lunch.*

**WILLIAMSTON AREA SENIOR CENTER
MEMBERSHIP DUES 2024**



Cost is \$12/year per person. Please complete the information below and return to WASC along with your payment.

PRINT CLEARLY

NAME: _____

ADDRESS: _____ CITY: _____

STATE: _____ ZIP: _____ TOWNSHIP: _____

HOME PHONE: _____ CELL PHONE: _____

EMAIL ADDRESS: _____

EMERGENCY CONTACT NAME/PHONE: _____

ARE YOU A NEW MEMBER _____ RENEWING MEMBER _____

BIRTH DATE: _____

ARE YOU A VETERAN YES _____ NO _____

I GIVE THE WASC MY PERMISSION TO USE ANY PHOTOS/VIDEOS

TAKEN OF ME: YES _____ NO _____

WOULD YOU LIKE TO VOLUNTEER: YES _____ NO _____

Initials _____ Date _____ Check # or Cash _____ Amount _____ Newsletter _____

Please complete form and return with your payment to:

**Williamston Area Senior Center
201 School Street, P.O. Box 343
Williamston, MI 48895**