

Williamston Area Senior Center

Come as guests, stay as friends!



The Williamston High School PALS joining the seniors for a Christmas craft.



Our book club's year end meeting at Biggby.



A visit from Santa!

January - February 2025 Newsletter

Lunch Program

The WASC is open Monday-Thursday from 9am-3pm for cards, lunch and activities. Lunch is provided by the *Tri-County Office on Aging* or local area restaurants with a suggested donation of \$4 per meal. Please call a day in advance to make reservations for lunch at 517-655-5173. For additional information please check out the WASC newsletter or website. And if you are homebound and need meals delivered to you please call Meals on Wheels at 888-224-3030, option 4.

Where to find the WASC

If you are looking for current and future activities continue reading the newsletter or check out the WASC Facebook page and website. If you have any questions please call or email for more information.

Website: www.williamstonseniorcenter.org

Facebook: Williamston Area Senior Center

Phone: 517-655-5173

Email: williamstonseniorctr@gmail.com

Hours of Operation

Monday - Thursday, 9am - 3pm

WASC Location

The WASC is now located at 500 Williamston Center Rd. in Williamston, Michigan 48895. We have reserved (handicap) parking/access and automatic front doors.



Meet Max, he's a therapy cat who came to visit the seniors the first part of December. He drove a Lamborghini, wore a Christmas sweater and was so sweet. Thanks Deb for bringing Max by!

WASC Mission

The WASC shall be a "go-to" resource where aging adults and their families find support, guidance, educational, and social programs assisting seniors 60 years of age and older for navigating life transitions, and continuing to be active, healthy, and engaged in the community.

Our mission is reflected in our motto:

Come as guests, stay as friends!

WASC Purpose

The WASC shall provide educational, enrichment, health awareness, and social programs; shall serve as a resource for individuals needing assistance with medical and social service networks; and shall collaborate with other community agencies, local government, and trained professionals to meet the needs of the senior population.





Me, Santa, and Anne McKinney

The Director's Corner

Happy New Year! I am hoping you had a wonderful holiday, and this newsletter finds you well. As I'm writing this at the end of the year, I look back over our challenges and successes. We've had our share of both. In fact, a few members want me to write a story detailing everything we went through this past year and I just might do it. I'll keep you posted! Our year ended on a very positive note, we've moved into the new building. I don't know if you know, it took us years to find a building that we could call our own and I am so excited to see what the future brings for our senior center.

Hope to see you soon!

Julie Rudd, Executive Director
wascdirector01@gmail.com

The President's Post

We've had some exciting times here at the Williamston Area Senior Center recently! The Open House on December 7th was a resounding success with over 300 guests coming to peruse our new home. People were welcomed with delicious snacks, soup, and desserts, then encouraged to take a tour of our new facility. Everyone was impressed! We again had our amazing volunteers supporting us. Thanks to all of them!

News of our beautiful senior center is spreading! We welcomed Jeri Mifflin back to WASC on December 9th. Jeri was the Community Education Director who helped Virginia Taschner, Donna Anton, and the others to establish the Senior Center. She was overjoyed to see their dreams coming true!

Ray and I will be in Florida for a few months and will miss you all.

But we are wishing you all a happy, healthy, and joy filled new year 2025!

Ann Lemmen, WASC Board President



WASC STAFF, BOARD, THANK YOU, & CONGRATULATIONS

Staff

Executive Director: Julie Rudd

Assistant Director: Anne McKinney

Kitchen Coordinator: Tom Rodziewicz

Administrative Assistant: Dawn Harris



Board of Directors

President: Ann Lemmen (2026)

Vice President: Karleen Dimick (2025)

Secretary: Marilyn Thompson (2026)

Treasurer: Ray Lemmen (ex-officio)

Trustees

Mark Steinberg (2025)

Beth Zetterholm (2025)

Sharon Basil (2026)

Jolene Gustafson (2027)

Sharon LaPointe (2027)

Community Representatives:

John Allen, Wheatfield Township

Tammy Gilroy, City of Williamston

Wilma Whitehead, Leroy Township

THANK YOU-FOR YOUR SUPPORT

November 2024

Dianna Frank

Paul & Karen Higbee

Mary Rubus

Steve Wing

Darlene Westgrate

Dawn Harris

Beverly Zetterholm

Karen Spak

Sherry Johnson

Marlowe Hart

Karleen Dimick

Jerrel & Nancy Webb

Joan Bement

October 2024

Beth Zetterholm

Jolene Gustafson

Marguerite Martin

Paul & Karen Higbee

Violet Lentz

Connie Foster

Caroline Schuster

Dianna Frank

Joan & Bob Bement

Mary Rubus

Mickie Manley

Bonnie Krauss

*And as always,
many thanks to our
wonderful volunteers!*



*Congratulations to Anne McKinney who
has been promoted to Assistant Director!
Thank you Anne for everything you do!*

Wish List

- Ground Roast Coffee, Regular and/or Decaf
- Coffee Mate Flavored Liquid Creamer
- Small kitchen garbage bags
- Chinet Dinner Plates
- Copy Paper
- Small & Large Foam to-go Containers
- Dinner Napkins 15"x 17"
- Paper Towels
- Stamps
- Bingo Prizes: Non-Perishable Food Items and Individual Snacks
- Gift Cards: Walmart, Meijer, Costco, Local Area Restaurants and Businesses



January

Jan Bowman
Virginia Cassaday
Nancy Davis
Jackie Fortier
Ida Mae Goodell
Doug Gruschow
Alice Heim
Linda Johnson
Julie Little
Jayann Mitchell
Susan Murray
Roger Nelson
Cathy O'Connor
Tom Pike
Mike Shaft
Marilyn Thompson
Phyllis Tomlinson
Levi Vogt

February

Gil Ames
Beth Bisel
Michael Black
Alexander Dureich
Cynthia French
Glenda Hair
Eva Hatt
Marilyn Hill
Patricia Horn
Russ Kowatch
John Krauss
Mickie Manley
Ngan Thi Nguyen
Cloyce Odell
Carole Oesterle
Jim Opper
Rita Pincumbe
Julie Rudd
Mary Scott
Bill Tomlinson
Rita Vloet
Jennie Welliver

October 2024

- Brenda & Steve Arnoczky donation to Bldg. Fund
- Betty Crandall donation to Bldg. Fund
- Violet Lentz in Memory of LeRoy G. Horstman to Bldg. Fund
- Marlowe Hart donation to Bldg. Fund
- Sandy & Russ Kowatch donation to Bldg. Fund
- Ron & Dawn Harris in Memory of Kathy Schaude to Bldg. Fund
- Ron & Dawn Harris in Memory of Salvatore Giuliano to Bldg. Fund
- Merlin & Sandy Hopkins donation to Bldg. Fund

November 2024

- Janet Hamu in Memory of Salvatore Giuliano to Bldg. Fund
- Marguerite Martin in Memory of Kathryn Schaude to Bldg. Fund
- Mary Rubus donation for Veterans Day
- Alice Hiem in Memory of Luann Sawyer

JANUARY 2025 ACTIVITIES

- **Monday, Jan. 6th:** Cards 9am - 11:45am, Blood Pressure Screening at 10am, Chair Exercise at 10:30am, and Katherine from DPT presents 'Preventing Knee Injuries and Good Knee Health' at 12:30pm
- **Tuesday, Jan. 7th:** Cards 9am - 11:45am, Build Your Word Game at 12:30pm
- **Wednesday, Jan. 8th:** Cards 9am - 11:45am, Chair Exercise at 10:30am, and Chair Volleyball at 12:30pm
- **Thursday, Jan. 9th:** Cards 9am - 11:45am, BIRTHDAY BASH, Chair Exercise at 10:30am, and Drum Circle at 12:30pm
- **Monday, Jan. 13th:** Cards 9am - 11:45am, Chair Exercise at 10:30am, Williamston Police Officer, Eric, presents 'Scams Around Us' at 12:30pm
- **Tuesday, Jan. 14th:** Cards 9am - 11:45am, Mind Benders with Jackie at 12:30pm, and WASC Board Meeting at 12:30pm
- **Wednesday, Jan. 15th:** Cards 9am - 11:45am, NATIONAL HAT DAY, Chair Exercise at 10:30am, Nila from Independence Village visits and facilitates a craft with us at 12:30pm
- **Thursday, Jan. 16th:** Cards 9am - 11:45am, Chair Exercise at 10:30am, and Heather Sawdon, Williamston Author, shares 'Her Last Voyage: California's Worst Maritime Disaster' at 12:30pm (\$20 books available)
- **Monday, Jan. 20th:** Cards 9am - 11:45am, Chair Massage at 10am, Chair Exercise at 10:30am, Ellen and OakBrook Senior Living of Williamston provide lunch and talk about their new living community at 12:30pm
- **Tuesday, Jan. 21st:** Cards 9am - 11:45am, Quarter Bingo at 12:30pm
- **Wednesday, Jan. 22nd:** Cards 9am - 11:45am, Chair Exercise at 10:30am, and Yoga for All at 12:30pm
- **Thursday, Jan. 23rd:** Cards 9am - 11:45am, Chair Exercise at 10:30am, and Book Club meets and discusses 'In Between Days' by Andrew Porter at 12:30pm
- **Monday, Jan. 27th:** Cards 9am - 11:45am, Chair Exercise at 10:30am, CADL Tech Support 11am - noon, and Mitch Lutzke presents 'Williamston Museum Programs and Projects' at 12:30pm
- **Tuesday, Jan. 28th:** Cards 9am - 11:45am, Valentine Craft with Nikki at 12:30pm
- **Wednesday, Jan. 29th:** Cards 9am - 11:45am, Chair Exercise at 10:30am, Wheel of Fortune Game at 12:30pm
- **Thursday, Jan. 30th:** Cards 9am - 11:45am, Chair Exercise at 10:30am, and Yahtzee Game and Leaderboard at 12:30pm

**Unfortunately, there may be times the activities are subject to change*



FEBRUARY 2024 ACTIVITIES

- **Monday, Feb. 3rd:** Cards 9am - 11:45am, Blood Pressure Screening at 10am, Chair Exercise at 10:30am, and Kirt Wilson from *Happy Home Services* presents at 12:30pm
- **Tuesday, Feb. 4th:** Cards 9am - 11:45am, Bingo with Nila from Independence Village at 12:30pm
- **Wednesday, Feb. 5th:** Cards 9am - 11:45am, Chair Exercise at 10:30am, and Chair Volleyball at 12:30pm
- **Thursday, Feb. 6th:** Cards 9am - 11:45am, BIRTHDAY BASH, Chair Exercise at 10:30am, and Drum Circle with Ian at 12:30pm
- **Monday, Feb. 10th:** Cards 9am - 11:45am, Chair Exercise at 10:30am, and Johanna from McDaniels Kitchen & Bath presents 'Staying Safe in Your Home' at 12:30pm
- **Tuesday, Feb. 11th:** Cards 9am - 11:45am, Lunch with a WASC Board Member, and Williamston CADL cookie decorating with us at 12:30pm
- **Wednesday, Feb. 12th:** Cards 9am - 11:45am, Chair Exercise at 10:30pm, and Amy presents her 'Peaceful Accompaniment' Trip with Meta Peace Team at 12:30pm
- **Thursday, Feb. 13th:** Cards 9am - 11:45am, Chair Exercise at 10:30am, and Card making with Sandra at 12:30pm
- **Monday, Feb. 17th:** Cards 9am - 11:45am, Chair Massage at 10am, Chair Exercise at 10:30am, Cards & Games with WHS Varsity Girls Basketball Team at 12:30pm
- **Tuesday, Feb. 18th:** Cards 9am - 11:45am, Craft with Nikki at 12:30pm
- **Wednesday, Feb. 19th:** Cards 9am - 11:45am, Chair Exercise at 10:30am, and Yoga for All at 12:30pm
- **Thursday, Feb. 20th:** Cards 9am - 11:45am, Chair Exercise at 10:30am, and the Senior Class Band performs at 12:30pm
- **Monday, Feb. 24th:** Cards 9am - 11:45am, Chair Exercise at 10:30am, Williamston CADL Tech Support 11am - noon, and Dr. LaBerge presents 'Dementia Care' at 12:30pm
- **Tuesday, Feb. 25th:** Cards 9am - 11:45am, Mind Benders with Jackie at 12:30pm
- **Wednesday, Feb. 26th:** Cards 9am - 11:45am, Chair Exercise at 10:30am, and Yahtzee Game and Leaderboard at 12:30pm
- **Thursday, Feb. 27th:** Cards 9am - 11:45am, Chair Exercise at 10:30am, and Book Club meets to discuss 'All the Light We Cannot See' by Anthony Doerr at 12:30pm

**Unfortunately, there may be times the activities are subject to change*



JANUARY MENU

January			
2025		Williamston Area Senior Center Menu	
Monday	Tuesday	Wednesday	Thursday
		1	2
<i>CLOSED FOR THE HOLIDAYS</i>	<i>CLOSED FOR THE HOLIDAYS</i>	<i>CLOSED FOR THE HOLIDAYS</i>	<i>CLOSED FOR THE HOLIDAYS</i>
6	7	8	9
Meatloaf Peas Salad \$4 per person, per meal	Baked Ham Sweet Potatoes Cauliflower Blueberry Muffin	Sloppy Joe Brussels Sprouts Potato Salad Peach Cobbler	Pork Roast Broccoli Wild Rice Spinach Salad
13	14	15	16
Soup and Salad Roll Dessert \$4 per person, per meal	Baked Fish Broccoli Couscous Melon	Mac-n-cheese Stewed Tomatoes Cauliflower Pineapple	Hamburger Baked Beans Coleslaw Cherry Crisp
20	21	22	23
<i>OakBrook Senior Living</i> Sponsored Lunch Sub Sandwiches Donations welcome	Salmon Patty Creamed Peas Dinner Roll Banana Pudding	Ham/Potato Casserole Brussel Sprouts Blueberry Muffin	Sausage Patty Hashbrowns Pancakes Pears
27	28	29	30
Sloppy Joes Chips Dessert \$4 per person, per meal	Roast Turkey Sweet Potatoes Green Bean Casserole Orange	Pork Chop Broccoli Mashed Potatoes Applesauce	<i>Chef Tom Cooks</i> Gumbo and Rice \$4 per person, per meal

Please call a day in advance to make reservations, call 517-655-5173.

A YEAR IN REVIEW 2024





WILLIAMSTON AREA
SENIOR CENTER

NON-PROFIT
U.S. POSTAGE
PAID
Permit #3

Williamston Area Senior Center
500 Williamston Center Rd.
Williamston, MI 48895

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WASC / Phone: 517-655-5173



*Check out our Facebook page!
And don’t hesitate to call the
center with questions about activities-
events or to make reservations for lunch.*

**WILLIAMSTON AREA SENIOR CENTER
MEMBERSHIP DUES 2025**



Cost is \$12/year per person. Please complete the information below and return to WASC along with your payment.

PRINT CLEARLY

NAME: _____

ADDRESS: _____ CITY: _____

STATE: _____ ZIP: _____ TOWNSHIP: _____

HOME PHONE: _____ CELL PHONE: _____

EMAIL ADDRESS: _____

EMERGENCY CONTACT NAME/PHONE: _____

ARE YOU A NEW MEMBER _____ RENEWING MEMBER _____

BIRTH DATE: _____

ARE YOU A VETERAN YES _____ NO _____

I GIVE THE WASC MY PERMISSION TO USE ANY PHOTOS/VIDEOS

TAKEN OF ME: YES _____ NO _____

WOULD YOU LIKE TO VOLUNTEER: YES _____ NO _____

Initials _____ Date _____ Check # or Cash _____ Amount _____ Newsletter _____

Please complete form and return with your payment to:

**Williamston Area Senior Center
500 Williamston Center Rd.
Williamston, MI 48895**